

CISE UNDERGRADUATE NEWSLETTER

JANUARY 2023

NO. 45

NEW BEGINNINGS



“
HOW THE NEW YEAR WILL TURN OUT IS ENTIRELY UP TO YOU. THE ATTITUDE YOU BRING, THE DETERMINATION YOU HAVE, THE GOALS YOU SET ALL WILL RESULT IN THE TYPE OF YEAR THAT YOU WILL HAVE. SO LET YOUR ATTITUDE BE POSITIVE, YOUR DETERMINATION BE STRONG!
”

UPCOMING EVENTS

WINTER BRIDGE

Dates: Thursday, January 19, 2023 & Friday, January 20, 2023
Time: 9:00 a.m. - 4:00 p.m.
Location: LSU Ballroom B or Room 326

ATTN. ALL SCHOLARS: Come one, come all! Take advantage of this amazing opportunity to get ahead, freshen up your skills, gain knowledge for your upcoming classes, career readiness, and so much more! We recommend signing up for as many workshops as possible, as they were created with YOU in mind!

[RSVP HERE](#)

WELCOME WEEK

Dates: Monday, January 23, 2023 - Friday, January 27, 2023
Time: 8:00 a.m. - 5:00 p.m.
Location: Library 4th Floor Student Lounge & CISE Collaboration

ATTN. ALL SCHOLARS: We are so excited to bring in the new semester alongside of you! We have a variety of fun and educational events planned, you will not want to miss out! We'll be starting off with our Welcome Week next week, so make sure to stop by for some snacks.

[SAVE THE DATE](#)

REMINDER: TEXTBOOK LOAN PROGRAM

ATTN. GPS SCHOLARS: As you are preparing for the Spring semester please remember that we can assist you with purchasing your textbooks.

[FILL OUT FORM](#)



STAY IN THE LOOP about the phenomenal events happening on campus by checking out the “Events” section on your torolink.

[TOROLINK](#)

FOLLOW OUR SOCIAL MEDIA PAGES FOR UPDATES AND REMINDERS OF OUR UPCOMING EVENTS!





WINTER FUN

Check out what our scholars are loving about Winter Break.



Going up to Big Bear to see the snow.

Angeles Valdivia
Mathematics Major



The long break!

Pablo Conde
Computer Science Major



Getting all the Christmas lights and decorations out of storage, with my Dad and sister. It's a lot of detangling and testing but it's fun to see at the end.

Jerry Salinas
Biology Major



Loving the cold weather and eating tamales con champurrado

Lalo Salazar
Computer Science Major



The best parts of winter break definitely are the cold weather and the Christmas food!

Michelle Aguilar Romero
Biology Major



Spending time with family on Christmas.

Victor Marin
Computer Science Major



Being able to watch movies in the cold weather with a cup of hot chocolate.

Daira Aguilar
Computer Science Major



I love enjoying the food my family makes during the holidays, tamales especially.

Michael Valderama
Computer Science Major



The long break !!!!!

Anthony Rice
Computer Science Major



Honestly, the whole atmosphere of holidays in December/Winter is my favorite. I really can't name anything in particular because I like everything.

Chelsea Delgado
Biology major



REFLECTIVE CORNER



Throughout my fall semester here at CSUDH I had many enjoyable moments along with stressful moments. I found myself enjoying the process and challenges one is faced with on a daily basis, in and out of the classroom. The GPS team has always been there since the start to remind me how far I have come and support me with simple areas I find confusion in. The GPS team always stays working to find opportunities for us scholars to get some help both academically and non academically.

Aaron Demesa
Biology Major

I was able to study in the CISE lounge with no problems. I felt really comfortable because I had my own space and Karina and Noemi really helped me throughout my semester.

Alejandra Martinez
Biology Major



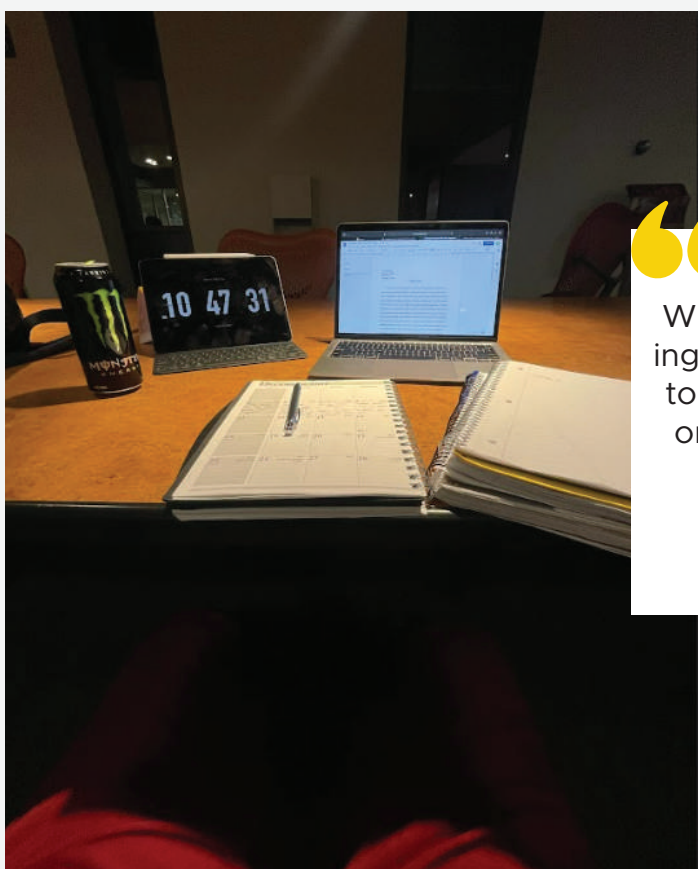
I went to My first GMISTEM Conference and all that is thanks to the amazing people in The GPS program they helped me with my resume and with transportation.

Diego Rivera Perez
Computer Science Major

One moment where I felt happy was being able to attend this university and work on fulfilling my dream.

Julio Cesar Jacinto C.
Physics Major





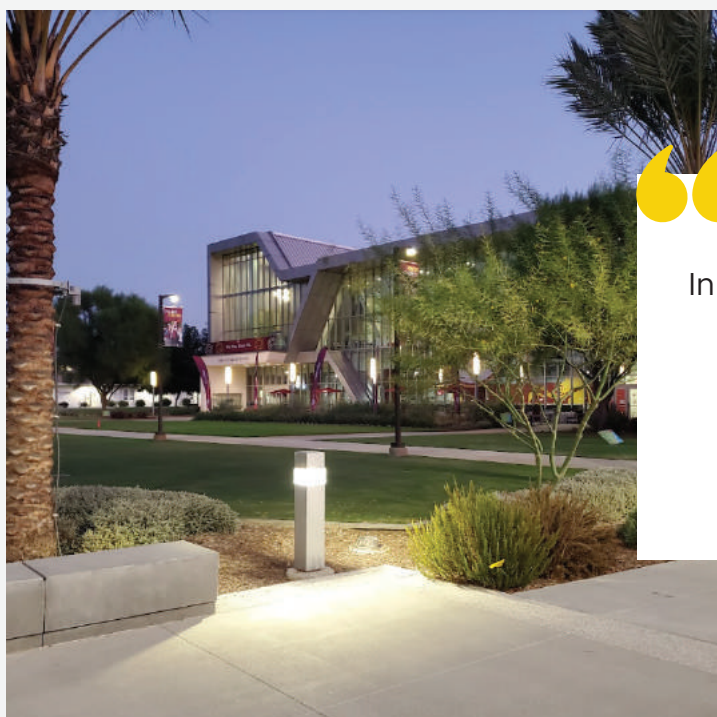
“ With the new year and spring semester approaching, some goals I look forward to accomplishing are to finish with a strong academic GPA and to focus on more physical goals alongside my academics.

Aaron Demesa
Biology Major



“ I hope to be a better student than how I was in the first semester. I want to be able to keep writing many poems.

Alejandra Martinez
Biology Major



In this upcoming Spring semester I hope to visit new places.

Diego Rivera Perez
Computer Science Major



“ For my next semester I have many goals, one is to be able to pass all my classes with good grades and to be able to graduate with recognition at the end.

Julio Cesar Jacinto C.
Physics Major



CSUDH ACADEMIC DEADLINES YOU SHOULD KNOW ABOUT

Monday, January 16, 2023

**Martin Luther King Jr. Holiday
(No Classes, Campus Closed)**

Monday, January 23, 2023

Classes Begin

**Monday, January 23rd -
Friday, February 10th:**

**Late Registration and
Add/Drop via MyCSUDH**

Fees due 48 hours after registration

**REFER TO THE 2022-2023
ACADEMIC CALENDAR FOR MORE
IMPORTANT DATES AND
DEADLINES.**

ACADEMIC CALENDAR

HAPPY BIRTHDAY!

We want to wish a very special birthday to our January birthday scholars!
May your days be filled with laughter, love, and yummy cake!

A graphic for GPS Scholars featuring a large yellow circle with a pink and blue balloon-like shape behind it. The text "GPS Scholars" is written in bold black letters inside the yellow circle.

GPS Scholars

Paul N.
January 05

Emily D.
January 21

Melody R.
January 07

Jerry S.
January 22

Diego P. R.
January 08

Pablo C.
January 30

Alejandra M.
January 10

Sofia P.
January 31

A graphic for "MAKE A WISH" featuring a cupcake with a cherry on top, surrounded by colorful balloons and stars. The text "MAKE A WISH" is written in bold blue letters above the cupcake.

MAKE A WISH

Kimberly P.
January 03

David P.
January 17

Brian P.
January 21

A graphic for MSTI Scholars featuring a large yellow circle with a pink and blue balloon-like shape behind it. The text "MSTI Scholars" is written in bold black letters inside the yellow circle.

MSTI Scholars

A graphic for STEM Scholars featuring a large yellow circle with a pink and blue balloon-like shape behind it. The text "STEM Scholars" is written in bold black letters inside the yellow circle.

STEM Scholars

Tysen G.
January 01

Eduardo T.
January 26

Danah T.
January 25

A graphic for "IT'S YOUR BIRTHDAY" featuring two wrapped gifts, one green and one blue, with colorful confetti and stars around them. The text "IT'S YOUR BIRTHDAY" is written in bold blue letters above the gifts.

IT'S YOUR BIRTHDAY

SCHOLARS OF THE MONTH



CARLOS HERNANDEZ

Computer Science Major | First Year

Favorite Movie: I'd say most if not all superhero movies

Favorite Food: Asian foods as a whole

Least Favorite Food: Don't have one

Place you'd most like to travel to: A place I'd love to travel to is any part of Europe, I am very interested in European culture

Describe yourself in three words: empathic, hardworking, curious

[READ MORE](#)



JEREMY CABRERA

Computer Science Major | First Year

Favorite Movie: Interstellar

Favorite Food: Ramen

Least Favorite Food: Coleslaw

Place you'd most like to travel to: I'd like to visit Switzerland or the Netherlands

Describe yourself in three words: Hard working student

[READ MORE](#)



NATIA MUNILAITI SULUNGA

Criminal Justice | Senior

Favorite Movie: Howl's Moving Castle

Favorite Food: Caldo de Res (Mexican Beef Soup) and rice

Least Favorite Food: I don't have one. I love exploring all types of foods from different cultures.

Place you'd most like to travel to: I would love to travel to Tonga to learn more about my culture and family.

Describe yourself in three words: Resilient, Optimistic, Humble

[READ MORE](#)

TEACHER CORNER

Happy New Year MSTI Scholars,

I hope all had a wonderful holiday season and are recharged for the start of a new semester. For some of you, this is your final semester as an undergraduate student! Congratulations! Seniors, please schedule a one-on-one meeting with me so we have everything ready for you to transition to a credential program after graduation. Good news: our REAL program stipend increased from \$24,000 to \$36-40,000. Let's meet more to talk about credential opportunities.

[SCHEDULE ONE-ON-ONE MEETING](#)

Also, check out this exciting update for all our MSTI Scholars!



Have a wonderful start to 2023,

Cynthia Acosta
MSTI Coordinator



COMPTON COLLEGE CORNER

COMPTON COLLEGE/SEE-LA WEEKLY
FARMERS' MARKET

Wednesdays | 3:00-7:30 p.m.
Open to the Public
Compton College - Main Loop

[MORE INFORMATION](#)

CAREERS

CAREER & ENGAGEMENT CORNER

ATTENTION GPS SCHOLARS

The GPS Professional Career Development Series begins this semester. Learn & Earn a Certificate of Achievement after completion of core curriculum. (5 workshops)

The GPS Professional Series is designed to provide meaningful, business-world insights, for success in your internship(s) & employment/ These interactive, “in-person” workshops are held once per semester for GPS STEM scholars only.

Core Curriculum

Workshop I: Modern Resume Development

Workshop II: Cover Letters: The Why and How

Workshop III: Special Workshop for Spring 2023: Communication Techniques, taught by: Groundlings Comedy Troupe

Workshop IV: Interview Methods + Practice:mHow to answer the hard questions

Lab: Mock Interview Video + 1:1 Review

Workshop IV: LinkedIn Basics / Refresh

Bonus: GPS Scholars receive a Certificate of Achievement after completing the Core Curriculum.

STAY TUNED! Watch your Toro email for GPS Registration links, dates, and locations.

REMINDER! APPLY NOW FOR SUMMER 2023 INTERNSHIPS!

GPS Scholars: Our goal as GPS students is to complete two internships before graduation.

Towards that goal, It's a great strategy to complete one at the end of your Freshman year, especially since you'll build tech/business skills to land in a higher-skilled internship the next time due to your skill-level. A secondary goal would be to perform really well and return to the same company each summer, thereby landing a STEM job before you graduate!

**Do you need help with applying?
Visit us! Library 4th floor
Ask for Maria Dien, GPS Career Specialist**

BUSINESS MAJORS

Johnson & Johnson SUMMER 2023 INTERNSHIPS

Consumer Marketing Summer 2023 Internship
Johnson & Johnson Consumer brands: JOHN-SON'S® Baby, BAND-AID® Brand, NEUTROGENA®, TYLENOL®, MOTRIN®, and LISTERINE®.

Learn: Advertising, consumer promotion, market research, analytics, product/package improvements.

[APPLY HERE](#)

IT + Consumer Customer Development & Commerce Internship

Note: For those graduating Dec. 2023 -June 2024

Relevant Majors: Business, Business Analytics, Marketing, Sales, Supply Chain, Finance or Information Technology

[APPLY HERE](#)

STEM MAJORS

Johnson & Johnson SUMMER 2023 INTERNSHIPS

Surgical Robotics & Control Intern - Santa Clara, CA

Learn:

- Help develop sophisticated robotic surgical systems

- Work with cross-functional engineers to characterize, test, and develop robotic software

[APPLY HERE](#)

Social Media Specialist -Student Assistant

Work on campus at the Center for Innovation in STEM Education, CISE

Looking for the ideal candidate who will have the passion for creating new and engaging content! Candidate will be responsible for supporting our social media recruitment campaigns.

[APPLY HERE](#)

INTERVIEW HACKS

How to answer... “Why Do You Want To Work Here?”

Hint: This is two questions in one:

1. Why do you want to work for this COMPANY?
2. Why do you want to work in this JOB?

PREPARE

The Company

- Research the company beforehand.
- What do you like?
- Is it their community outreach?
- Their core values? Their mission?
- Employee training programs for professional development?
- Management philosophy? Reputation?

The Job

- How would your strengths contribute in this role?
- Are you a quick learner?
- Are you patient (if the role requires this), are you kind? Enthusiastic? Motivated? Dedicated? Creative? Accurate? Good at math? Logical?
- Do you enjoy resolving problems?
- Are you easily multi-task?
- Enjoy using a variety of technology?

ANSWER

Combine your answers to “a” and “b” above. (In other words, answer why you are interested in the COMPANY and why your strengths fit the JOB).

TWO EXAMPLES

Remember, you're answering these two questions:

1. Why do you want to work for this COMPANY?
2. Why do you want to work in this JOB?

1. I saw a story about how your company does a lot of community outreach, and since helping others is a big part of who I am, it was great to see that there's a company that feels the same way. I was excited to find a job at your company that not only matches my skill set, but my values as well!

2. When I work for a company, I'm IN 500%! So when I saw that (company name) takes the time to train and develop its team members, I applied right away! This is especially because I believe in helping my teammates and have helped to train colleagues in my other jobs, to make sure everyone feels comfortable and enthusiastic in their roles. I think this helps build strong teams, and it's one of my strongest assets as a team player. I feel I can make a strong contribution in this role, based on my skill set and team-building skills.

Wellness

TIPS TO THRIVE BACK AT SCHOOL



Do you feel stressed or anxious about returning to school? Check out some quick tips to support your well-being and to ensure that you're doing everything in your power to have a successful Spring semester.

1. Know That However You're Feeling, It's Okay.
2. Develop A Routine.
3. Practice Good Sleep Hygiene.
4. Connect With Others.
5. Take A Break.

If you find yourself feeling overwhelmed in the mix of it all, remember IT IS challenging to try to find a balance between juggling school, relationships, work, and other responsibilities. Make sure to use your supports: talk to friends, family, mentors, advisors, or a counselor. Not using your supports is the only mistake you can make.

BECOMING RESILIENT

There are many things that can go wrong, not just in college but in life in general. Hence, it is very important to start cultivating resilience. Resilience is our ability to 'bounce-back' after losing momentum for one reason or another. Check out some tips to work towards a stronger sense of self by applying these in your life:

1. Rely on your relationships: the ones who know you best can help you most
2. Don't doubt that you are capable
3. Embrace change as a healthy and continuous learning experience
4. Make goals you can check-off and revise
5. Spend your time doing, not deciding
6. Say 'yes' to self-care and to a new challenge - you'll be happy you did
7. Trade self-deprecation for self-affirmation because feeling like you can is a good head start
8. Realism is key when working towards optimism; separate what's ideal from what's real
9. Fill the majority of your mind with what you want versus what you fear
10. Know that if your mind and body aren't prioritized, your goal may be jeopardized

Please log in to **You at CSUDH** to learn more about these and various other topics that will support your overall well-being, allow you to work towards the best version of yourself, and guide you towards achieving your goals.



JANUARY

Check Out These FREE Events Happening Around Us In January!

AUTRY MUSEUM OF THE AMERICAN WEST

FREE ADMISSION
EVERY SECOND TUESDAY
OF THE MONTH

JANUARY 10, 2023
10 A.M. - 4 P.M.
LOS ANGELES, CA

[VISIT WEBSITE](#)

JAPANESE AMERICAN NATIONAL MUSEUM

FREE ADMISSION
EVERY SECOND THURSDAY
OF THE MONTH

JANUARY 19, 2023
11 A.M. - 7 P.M.
LOS ANGELES, CA

[VISIT WEBSITE](#)

CLEAN-UP THE BEACH

FREE RSVP

SATURDAY
JANUARY 21, 2023
10 A.M. - 12 P.M.
VENICE BEACH, CA

[VISIT WEBSITE](#)

LUNAR NEW YEAR FESTIVAL

FREE RSVP

SATURDAY
JANUARY 21, 2023
12 P.M. - 4 P.M.
GARDEN GROVE, CA

[VISIT WEBSITE](#)

BACHATA DANCING ON THE STREETS

FREE BACHATA LESSONS

SATURDAY
JANUARY 21, 2023
6 P.M.
SANTA ANA, CA

[VISIT WEBSITE](#)

PALABRAS AT LATINX WITH PLANTS

FREE RSVP

SUNDAY
JANUARY 22, 2023
2 P.M. - 4 P.M.
LOS ANGELES, CA

[VISIT WEBSITE](#)

CISE UNDERGRADUATE TEAM

MAY YOU HAVE ANY QUESTIONS, CONCERNS, OR NEED ANY ADDITIONAL SUPPORT, PLEASE CONTACT YOUR DESIGNATED PROGRAM ADVISOR.

GUIDED PATHWAYS FOR STEM | GPS



KARINA PANTALEON
GPS Non-Academic Coordinator
Pronouns: she/ her/ hers
Email: kpantaleon@csudh.edu

[SCHEDULE AN APPOINTMENT](#)



NOEMI RODRIGUEZ, M.A.
STEM Undergraduate Program Manager
Pronouns: she/ her/ hers
Email: norodriguez@csudh.edu

[SCHEDULE AN APPOINTMENT](#)



MARIA DIEN, M.A.
GPS Career & Engagement Coordinator
Pronouns: she/ her/ hers
Email: mdien@csudh.edu

[SCHEDULE AN APPOINTMENT](#)

MATH AND SCIENCE TEACHER INITIATIVE | MSTI



CYNTHIA ACOSTA
MSTI Coordinator
Pronouns: she/ her/ hers
Email: caacosta35@csudh.edu

[SCHEDULE AN APPOINTMENT](#)

STEM SCHOLARS



NOEMI RODRIGUEZ, M.A.
STEM Undergraduate Program Manager
Pronouns: she/ her/ hers
Email: norodriguez@csudh.edu

[SCHEDULE AN APPOINTMENT](#)

TRANSFER TO SUCCESS | TTS



BEATRIZ PEREZ, M.S.
Undergraduate Advisor of College
of Natural & Behavior Science
Pronouns: she/ her/ hers
Email: bperez63@csudh.edu

[SCHEDULE AN APPOINTMENT](#)



MARISOL DURAN, M.S.
Undergraduate Advisor of College
of Business Administration & Public
Policy; College of Education
Pronouns: she/ her/ hers
Email: mduran40@csudh.edu

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SANDRA RAMOS, M.S.
Transfer Programs,
Program Manager
Pronouns: she/ her/ hers
Email: sramos@csudh.edu

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SHARE YOUR THOUGHTS

Please use this link to anonymously submit any comments, feedback, suggestions, questions, or other thoughts you'd like to share with the team.

[SHARE](#)

