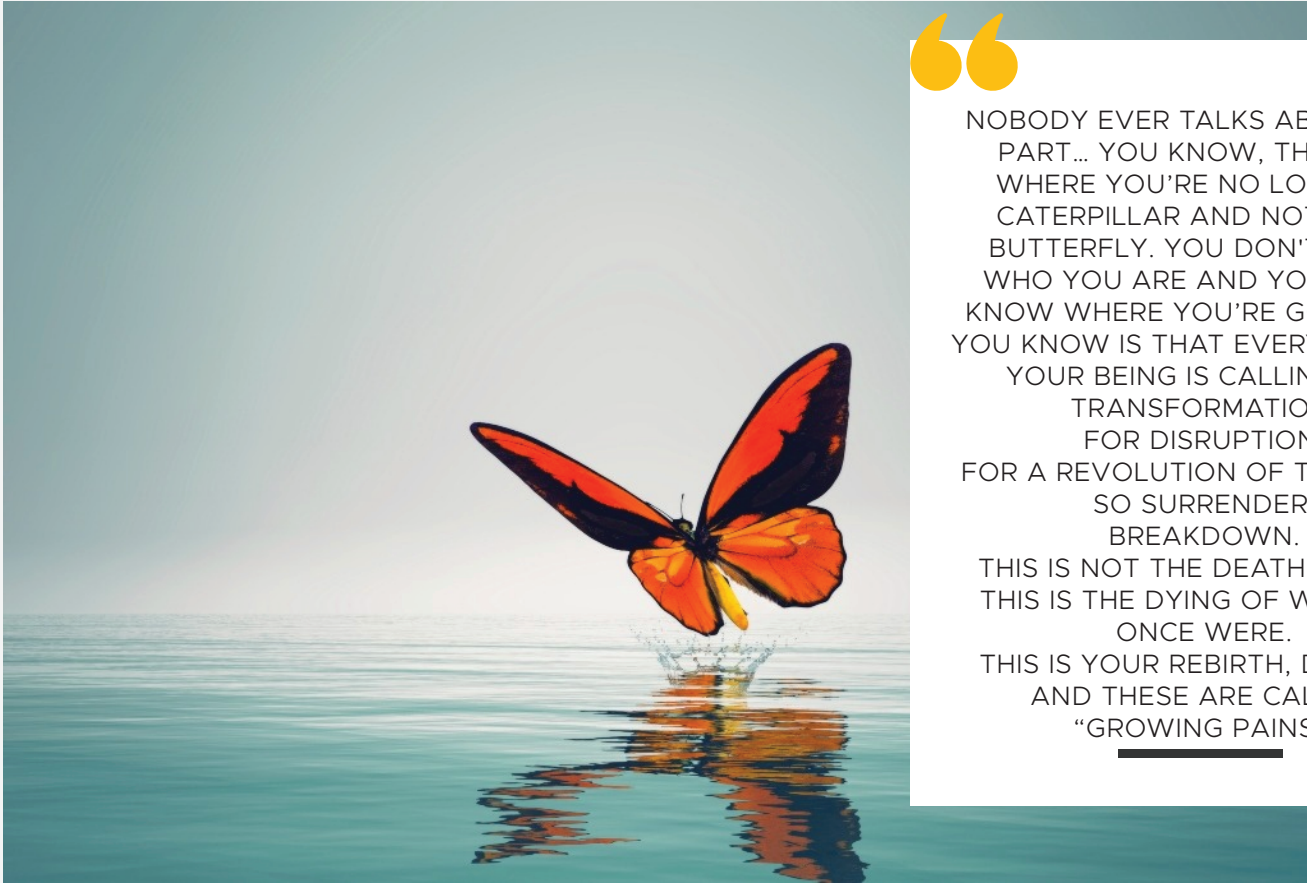


CISE UNDERGRADUATE NEWSLETTER

SEPTEMBER 2022

NO. 41

NEW BEGINNINGS



“
NOBODY EVER TALKS ABOUT THIS PART... YOU KNOW, THE PART WHERE YOU'RE NO LONGER A CATERPILLAR AND NOT YET A BUTTERFLY. YOU DON'T KNOW WHO YOU ARE AND YOU DON'T KNOW WHERE YOU'RE GOING. ALL YOU KNOW IS THAT EVERY FIBER OF YOUR BEING IS CALLING FOR TRANSFORMATION.
FOR DISRUPTION.
FOR A REVOLUTION OF THE SPIRIT.
SO SURRENDER.
BREAKDOWN.
THIS IS NOT THE DEATH OF YOU. THIS IS THE DYING OF WHO YOU ONCE WERE.
THIS IS YOUR REBIRTH, DARLING. AND THESE ARE CALLED, "GROWING PAINS."
”

UPCOMING EVENTS

WELCOME WEEK

Monday, August 29, 2022 - Friday, September 2, 2022

Location: #20 on Map – Leo F Cain Library (LIB), 4th Floor, Suite 4000 (CISE Collaboration)

Join us as we warmly welcome you into the new school year with some delicious snacks and fun activities. Make sure you come hang out with your advisors and peers, as you check out the new study space created just for you, only two days left, don't miss out!

[CAMPUS MAP](#)

[RSVP HERE](#)

SOCIAL MIXER

Wednesday, September 8, 2022 | 1 p.m. – 3:30 p.m.

Location: #20 on Map – Leo F Cain Library (LIB), 4th Floor, Suite 4000 (CISE Collaboration)

Come one, come all! Join us as you will have the opportunity to socialize and network with other Scholars and Advisors, as well as the chance to familiarize yourself with the space that was created just for you. You do not want to miss out on our first social event of the year!

[CAMPUS MAP](#)

[RSVP HERE](#)

SEMINAR #1

Wednesday, September 28, 2022 | 10 a.m. – 11:30 a.m.

Join us as we kick off our first seminar of the school year! Through our seminars you will get the opportunity to gain knowledge on various topics from academics to personal growth to professional development to much much more.

[ZOOM HERE](#)

[RSVP HERE](#)

2022 GMIS CONFERENCE

Wednesday, October 5, 2022 – Saturday, October 8, 2022

How would you like the opportunity to network and receive career enrichment opportunities for FREE? Anyone pursuing a STEM career is highly encouraged to attend. The benefits are immeasurable so you do not want to miss out. If interested, YOU DO NOT HAVE TO PAY TO REGISTER, please fill out this form and your advisor will contact you with your FREE ACCESS CODE to complete your registration. The deadline to sign up is Friday, September 16, 2022.

[RSVP HERE](#)



Check out these phenomenal events happening on campus by clicking on the "Events" section on your torolink.

[TOROLINK](#)

FOLLOW OUR SOCIAL MEDIA PAGES





Wondering what went on throughout the different workshops during our CISE Summer Bridge? Were you unable to attend one of the workshops you signed up for and really wanted to go to, but could not make it? Did you attend a workshop, but wish you could review the information again? WELL, don't worry, we've got you covered!

Click on the individual links below to take you to the workshop you wish to review.

SUMMER BRIDGE 2022 WORKSHOPS

Are you LinkedIn?	Blackboard	Finance Workshop Recording	Goal Setting
How to read your Academic Report Recording	Imposter Syndrome Recording	Office of Undergraduate Research	Personal Statement Recording
Self-esteem & confidence Building	Time Management Seminar	Toro Learning & Testing Center	Wellness, Mindfulness

ATTENTION TTS SCHOLARS



Were you unable to attend TTS Orientation and wondering what you missed? Not to worry, we've got you covered! Please refer to the TTS Handbook for important information about the program, steps on how to schedule an appointment with your TTS advisor, information about services on campus, important links, and much more. And if you'd like to check out some amazing pictures taken during the event make sure to click on the TTS Orientation Pictures link below.

[TTS HANDBOOK](#)

[TTS ORIENTATION PICTURES](#)

ATTENTION GPS SCHOLARS



Did you miss out on the GPS Orientation and were looking to see pictures of the event to see what went on? Well, look no further, go ahead and click on the GPS Orientation Pictures below to see some of the cool activities that took place. Also, don't miss out on important information about the program, contact information, dates, and much more by clicking on the GPS Handbook link.

[GPS HANDBOOK](#)

[GPS ORIENTATION PICTURES](#)



ACADEMIC CORNER

Don't forget to refer to the 2022-2023 csudh academic calendar for important academic dates and deadlines.

ACADEMIC CALENDAR

Also, make sure to check out the tutoring schedule to receive free academic support services through the Toro Learning & Testing Center as you prepare for the Fall 2022 Semester.

In addition, the TLTC is partnering with NetTutor to provide tutoring AFTER CENTER HOURS: 8:00 p.m.- 8:00 a.m. Monday-Fridays and weekends. Find additional support outside of center hours in the following subjects:

Accounting	General Humanities
Basic and Advanced Math	Introduction to Philosophy
Biology	Music Theory
Chemistry	Pre-Calculus and Calculus
Computer Science	Physics
Economics	Statistics
Finance	

TORO LEARNING & TESTING CENTER

NETTUTOR

SCHOLARS OF THE MONTH



MEGAN (TÍTÍLAYÒ) LEWIS
Sociology Major | Junior Year

[READ MORE](#)



MAYRA ALEJANDRA CARRENO
Human Services Major | Senior Year

[READ MORE](#)



CAREER & ENGAGEMENT CORNER

Need a job? Check out these opportunities below:

Are you majoring in Computer Science, Physics, or related fields and interested in an internship? Jet Propulsion Laboratory is currently hiring for a **Systems Engineering Year Round Intern**.

[LEARN MORE](#)

Have you been wanting to become more involved with our surrounding communities, but don't know how? Well, we are currently in search of **Toro Tutors** for this new school year to promote learning and act as role models to K-12 students in the Compton Unified School District and Centinela Valley Unified School District.

[LEARN MORE](#)

Do you like sharing your knowledge and supporting others to strive academically? Then look no further, the CISE department has an opportunity for you. We are currently looking for a **Transfer To Success Tutor**.

[LEARN MORE](#)

Do you have a passion to empower other students and promote a sense of belonging on campus, especially for students with disabilities, low-income students, foster youth, English learners, students in crisis, and those who are experiencing homelessness? Well then you are looking at the right post. The CISE team is currently looking for **Self-Mentors** for this academic school year.

[LEARN MORE](#)

Are you looking for real-life experience executing and managing projects that utilize fabrication technology with the intent of promoting the development of new knowledge and research to communities that are underrepresented in STEM disciplines? If the answer is yes, then please apply to our **Fabrication Lab Technician** position.

[LEARN MORE](#)

Are you interested in being part of the CISE team? Well now is your chance, we are currently looking for **Student Assistants** to support us in different parts of our department to help us carry forth our mission of serving K-12 students, CSUDH students, and the community at large.

[LEARN MORE](#)

Are you interested in gaining experience through an internship with the CSUDH IT Team this 2022 -2023 academic year? Fill out form below if you would like to learn more.

[LEARN MORE](#)

TEACHER CORNER

CALLING ALL FUTURE TEACHERS!



The MSTI undergraduate teacher preparation program is ready to support you. The Math and Science Teacher Initiative is an undergraduate teacher preparation program that offers academic, instructional, and financial support to all future math and science teachers, as well as elementary teachers who commit to pursuing a math/science authorization or added foundational level credential.

If you are interested in learning more about our innovative undergraduate program, join one of our upcoming information sessions.

[RSVP HERE](#)

ATTENTION MSTI SCHOLARS!

Looking to add to your resume? In collaboration with Toro Tutors, MSTI Scholars are invited to attend four online training sessions this semester focusing on classroom management strategies and metacognition.

Don't miss out! RSVP for the first training on September 10.

[RSVP HERE](#)



WELLNESS CORNER

Student Psychological Services

Did you know you get FREE counseling services through our CSUDH Student Health Center? Short-term individual counseling consists of meeting one-on-one with a counselor, with each session lasting approximately 45 minutes. During the counseling process, you and your therapist will work together to establish and work towards counseling goals.

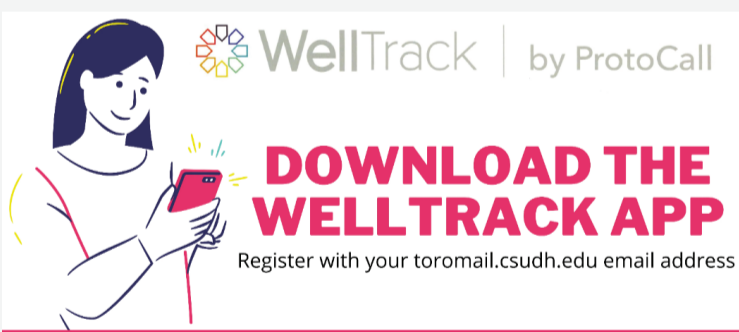
If you are interested in counseling services, please call Student Psychological Services for more information, or visit our [Scheduling An Appointment](#) page. You will be directed to fill out the forms for Individual Therapy on our forms page here.

Phone: 310.243.3818

Email: psychservices@csudh.edu

Hours of Operation : Monday through Friday from 8:00 a.m. to 5:00 p.m.

Location: Student Health Center (SHC) A-141 ([Campus Map](#))



[CAMPUS MAP](#)

[MORE INFORMATION](#)

YOU at College

Every semester carries its own forms of anxiety and stress, the YOU for Students app monitors your well-being and presents you with all the on campus resources available to you curated and selected according to your needs.

About YOU at College

YOU at College's founding principle is that a comprehensive approach to well-being is the key driver of student success, retention, and graduation.

[MORE INFORMATION](#)

Crisis Text Line (Free 24/7 Support at your fingertips)

If you or a loved one are experiencing a crisis, text HOME to 74174. You will be connected to a trained live Crisis Counselor within a secure platform, and they will help you move from a hot moment to a cool moment. The conversation typically ends when you and the crisis counselor both feel comfortable deciding that you're in a "cool" safe place.

[MORE INFORMATION](#)

RESOURCE

RESOURCE CORNER

Technology Checkout Program

Currently enrolled CSUDH students are able to take advantage of this program and checkout a variety of devices, ranging from iPads to laptops, on a first-come, first-serve basis.

Checkout Process:

1. Reserve a device online at <https://techcheckout.csudh.edu/>
2. Pickup (NSM C-131 & C-139) or request shipping of the item

[MORE INFORMATION](#)

Transportation Services

CSUDH students can now take advantage of the Reduced Monthly Bus Pass program.

If using Metro transportation, CSUDH provides students with a \$22 monthly bus pass when they are registered in 12 units or more.

Application Process:

1. Complete the College/Vocational TAP ID application
2. Submit the completed application to any Metro Customer Center, or mail it to the Metro Reduced Fare Office (One Gateway Plaza, MS 99-PL-4, Los Angeles, CA, 90012-2952)
3. Upon receipt of your College/Vocational TAP ID:

- Pick up a \$22 Student Transit Voucher at Transportation Services | Small College Complex 200 Monday - Friday | 8:00 a.m. to 5:00 p.m.
- Then take the voucher and card to the Cashiers Office | Welch Hall, Room 270 Monday - Thursday | 8:00 a.m. to 5:00 p.m. and Friday 8:00 a.m. - 5:00 p.m. (open during lunch) to load value to card.

If you have any questions, comments, or concerns please contact Transportation Services/Rideshare Office
P: 310-243-2893 OR E: rideshare@csudh.edu.

[APPLY ONLINE](#)

[MORE INFORMATION](#)

CalFresh

Have you heard of CalFresh? Calfresh is a nutrition assistance program to help low-income individuals and families buy the food they need. The program increases their food-buying power, helping to stretch a tight food budget and allowing many people to incorporate healthy foods into their diets.

- Schedule an appointment to apply to CalFresh: dh-calfresh.appointlet.com
- Student Eligibility for CalFresh– Meet one of the following requirements:
 - Working 20hrs/wk (or less than 80hrs/month)
 - EOP, McNair Scholars, or TGS students
 - Receiving a Cal Grant A or B, unmarried, under 25, less than \$50k • Full-time student with a child under the age of 12
 - Part-time student with child under the age of 6
 - Approved or Eligible for Work Study
 - Do not plan on registering next semester
 - \$0 EFC on Financial Aid Award

If you have any questions or concerns please contact Carolyn Tinoco (CalFresh Outreach Coordinator) at
P: 310-243-3762 or E: calfresh@csudh.edu

[MORE INFORMATION](#)



CAMPUS NEWS

Mask Guidelines for Fall 2022

Face Coverings

- Required in classroom and laboratory instructional spaces
- Required in the Student Health Center
- In all other spaces, face coverings may be worn voluntarily

Testing

- CSUDH will only provide antigen testing to students and employees who are symptomatic or have been in close contact with someone who has tested positive for COVID.
- Testing kits are available Monday-Friday | 8:30 a.m. - 5:00 p.m. in room A-120



WHAT'S HAPPENING AROUND ME?

The most exciting time of the year is back... BACK TO SCHOOL! As many of you prepare for the new school year, please check out some cool BACK TO SCHOOL TIPS AND TRICKS that will help you to be ready, efficient, and successful!

As a new school year begins, some students find themselves in their final years here at CSUDH, while others are about to embark on their first year of their undergraduate journey. We want to remind our students that a prepared student is a ready student. Whether that is knowing where your classes are located, purchasing your parking permit before the first day of class, buying your books and other school supplies ahead of time, etc. To help you better prepare, we have created a trusty guide with tips and tricks for a college student to ensure a successful school year.

On-Campus Help

CSUDH Interactive Campus Map

This map allows you to search everything, from your classrooms to restroom locations to specific buildings, all you have to do is search for them on their search engine. It comes in very handy when trying to find a class.

CISE Padlet

Our CISE Program strives itself on keeping our padlet updated with as much useful information we can find for our students. We list anything from on-campus events whether they be social or academic. You can find internships, research proposals, work opportunities, scholarships both on and off campus. Take advantage of these resources and never miss out on an amazing opportunity!

[INTERACTIVE CAMPUS MAP](#)

[CISE PADLET](#)

Supplies

Arrive to your first day of school with some of these incredibly useful products you didn't even know you needed to have a successful year.

Warm/Fresh Reusable Lunch Bag

Reusable 1L Water Bottle

Takeya Cold Brew Maker

USB-powered cooling pad

Digital Daily Planner

Weekly Digital Planner for iPad

Wall Charger With Six Outlets & Two USB Fast-Charging Ports

Rocketbook Smart Reusable Notebook

Laptop Lap Desk

Weekly Agenda Pad

Laptop Stand

Double-Sided Computer Cleaning Brush

Big Capacity Pencil Pen Case

Dorm Necessities

For our students dorming, living near campus, or with a small studying area, check out these helpful and wallet friendly gadgets that help you create the ultimate studying space even in a limited space.

Adjustable Wood Shelf

Shelf Floor lamp

Rotating Timer

Under desk Charging Mount

Privacy Sign

Ladder Desk

Two-tier Folding Desk

Wall-Mounted Floating Desk

Soundproofing Strip

Velvet Storage Ottoman

Sunlamp

Desktop Organizer

Adhesive Cable Clips

Wall-mounted Drop-Leaf Table

Charging Dock

Combined Floor Lamp and End Table

SEPTEMBER

Check Out These FREE Local Events Below!

GROUP WORKOUT

EVERY TUESDAY,
THURSDAY, & SATURDAY
STARTING
SEPTEMBER 1, 2022

[VISIT WEBSITE](#)

GROOV3 SUMMER SUNSET DANCE SERIES

EVERY THURSDAY
STARTING
SEPTEMBER 1, 2022

[VISIT WEBSITE](#)

COMMERCE SUMMER CONCERT SERIES: KROQ PRESENTS NO DUH

THURSDAY
SEPTEMBER 1, 2022

[VISIT WEBSITE](#)

LIVE ZOOM: PROBATE & INHERITANCE: WHERE YOU BEGIN

FRIDAY
SEPTEMBER 2, 2022

[VISIT WEBSITE](#)

FREE FRESH FRUIT & VEGETABLES:

EVERY FRIDAY
STARTING
SEPTEMBER 2, 2022

[VISIT WEBSITE](#)

VIRTUAL JOB FAIR

FRIDAY
SEPTEMBER 2, 2022

[VISIT WEBSITE](#)

ONLINE- FREE GUIDED MEDITATION

EVERY SATURDAY &
SUNDAY
STARTING
SEPTEMBER 3, 2022

[VISIT WEBSITE](#)

LAFD CPAT PRACTICE

EVERY WEDNESDAY
STARTING
SEPTEMBER 7, 2022

[VISIT WEBSITE](#)

GODDESS MERCADO ARTISAN FLEA MARKET

SATURDAY
SEPTEMBER 10, 2022

[VISIT WEBSITE](#)

GOOD + COMMUNITY VOLUNTEER DAYS

SATURDAY
SEPTEMBER 10, 2022

[VISIT WEBSITE](#)

FREE SCREENINGS AT THE BILLY WILDER THEATER AT THE HAMMER MUSEUM

[VISIT WEBSITE](#)

UCLA BIODESIGN'S 2ND ANNUAL WOMEN IN HEALTHTECH LEADERSHIP LECTURE

MONDAY
SEPTEMBER 12, 2022

[VISIT WEBSITE](#)

LOS ANGELES JOB FAIR- LOS ANGELES CAREER FAIR

THURSDAY
SEPTEMBER 15, 2022

[VISIT WEBSITE](#)

EAST LA PARADE MEXICAN INDEPENDENCE DAY PARADE & FESTIVAL

SUNDAY
SEPTEMBER 18, 2022

[VISIT WEBSITE](#)

HOW TO RESET TO YOUR SUPERWOMAN'S 'SELF'!

TUESDAY
SEPTEMBER 20, 2022

[VISIT WEBSITE](#)

VIRTUAL SPEAKING MASTERCLASS LOS ANGELES

SUNDAY
SEPTEMBER 25, 2022

[VISIT WEBSITE](#)

CISE UNDERGRADUATE TEAM

MAY YOU HAVE ANY QUESTIONS, CONCERNS, OR NEED ANY ADDITIONAL SUPPORT, PLEASE CONTACT YOUR DESIGNATED PROGRAM ADVISOR.

GUIDED PATHWAYS FOR STEM | GPS



KARINA PANTALEON
GPS Non-Academic Coordinator
Pronouns: she/ her/ hers
Email: kpantaleon@csudh.edu

[SCHEDULE AN APPOINTMENT](#)



NOEMI RODRIGUEZ, M.A.
STEM Undergraduate Program Manager
Pronouns: she/ her/ hers
Email: norodriguez@csudh.edu

[SCHEDULE AN APPOINTMENT](#)



MARIA DIEN, M.A.
GPS Career & Engagement Coordinator
Pronouns: she/ her/ hers
Email: mdien@csudh.edu

[SCHEDULE AN APPOINTMENT](#)

MATH AND SCIENCE TEACHER INITIATIVE | MSTI



CYNTHIA ACOSTA
MSTI Coordinator
Pronouns: she/ her/ hers
Email: caacosta35@csudh.edu

[SCHEDULE AN APPOINTMENT](#)

STEM SCHOLARS



NOEMI RODRIGUEZ, M.A.
STEM Undergraduate Program Manager
Pronouns: she/ her/ hers
Email: norodriguez@csudh.edu

[SCHEDULE AN APPOINTMENT](#)

TRANSFER TO SUCCESS | TTS



BEATRIZ PEREZ, M.S.
Undergraduate Advisor of College of Natural & Behavior Science
Pronouns: she/ her/ hers
Email: bperez63@csudh.edu

[APPOINTMENT TUTORIAL](#)



LILIANA PEREZ, M.S.
Undergraduate Advisor of College of Health, Human Services & Nursing; College of Arts & Humanities; Extended Education
Pronouns: she/ her/ hers
Email: lperez195@csudh.edu

[APPOINTMENT TUTORIAL](#)



MARISOL DURAN, M.S.
Undergraduate Advisor of College of Business Administration & Public Policy; College of Education
Pronouns: she/ her/ hers
Email: mduran40@csudh.edu

[APPOINTMENT TUTORIAL](#)



SANDRA RAMOS, M.S.
Transfer Programs, Program Manager
Pronouns: she/ her/ hers
Email: sramos@csudh.edu

[APPOINTMENT TUTORIAL](#)

SHARE YOUR THOUGHTS

Anonymously submit any comments, feedback, suggestions, questions, or other thoughts you'd like to share with the team.

[SHARE](#)